

WAIVER

THIS WAIVER AND RELEASE is made in relation to services provided by Equip Pilates Pty Ltd (ACN 602 027 467) ('Equip Pilates')

IT IS HEREBY AGREED AS FOLLOWS:

I hereby waive, release and discharge Equip Pilates, its employees, contractors and agents, from any liability/ damage which may have been caused by negligence, carelessness or noncompliance with instructions from Equip Pilates, its employees, contractors and agents. I acknowledge and am aware of the risks involved in engaging in services provided by Equip Pilates, its employees, contractors and agents.

I also hereby waive, release and discharge Equip Pilates, its employees, contractors and agents, from any liability/ damage which may have been caused by elements, conditions, risks or circumstances outside the control of Equip Pilates, its employees, contractors and agents, which may be foreseeable or unforeseeable. I release Equip Pilates, its employees, contractors and agents, from liability in respect of any loss or damage suffered in the course of attending the premises and engaging in any program provided by Equip Pilates, its employees, contractors and agents.

I give my full consent for Equip Pilates, its employees, contractors and agents, to administer or obtain medical treatment at the sole and absolute discretion of its workers in the event of illness or medical emergency which may occur during the provision of services. I have made disclosure to Equip Pilates of any specific conditions which would affect his provision of such treatment.

I declare that any pre-existing medical conditions will be made known to the class trainer prior to exercise, and where appropriate have medical clearance provided for group exercise. I declare I will not participate in group exercise classes in the instance of being pregnant beyond 14 weeks gestation.

I HEREBY ACKNOWLEDGE AS FOLLOWS:

1. I have read this waiver and I fully understand it.
2. I make and execute this waiver voluntarily, without any form of duress or coercion.